

# Preparing for Adulthood Expectations

version 1

## Year 9

Preparing for Adulthood key worker allocated. PFA worker will:

- Where relevant take over any pre existing active social work role i.e. CIN or LAC
- Attend the annual EHCP person centred review, focused on "Preparing for Adulthood".
- Ensure that the young person is brought to the attention of the CCG as likely having continuing care needs.
- Provide the young person and their parents/carers with general information and advice about adult services including personalisation, and advice regarding benefits and charges.
- Identify any actions required of social care and or health now or in the future.
- Where relevant complete and or coordinate any additional assessment. i.e. EHA or C and F assessment.
- Based on outcome of assessment identify carers needs, need for short breaks and plan for needs.
- Complete initial Care Act Transition Assessment and Support Plan based on young person's aspirations and short to long term outcomes.
- Remain as central point of contact working closely with MDT towards coordination of effective ongoing support for the Young person and or their family now and in the spirit of Preparing for Adulthood.
- Identify potential commissioning needs and share with Team Manager who will inform relevant commissioners.

## Year 10

PFA worker will complete as required in year 9 and:

- Review original Transition Plan with young person and family.
- Prepare for and attend as relevant any Care Education and Treatment Reviews.
- Ensure the focus of all discussions and direct planning with the young person centres around their wishes in conjunction with parents/carers in accordance with the key principles of: where people live; what they do and the support they will need.
- Where relevant complete and or refer for any additional assessment i.e. OT functional assessment.
- Attend EHCP Review and factor in outcome of Transition plan/updated assessment.
- Complete or embed the Pathway Plan (if the young person is subject to LAC in care) into EHCP review and transitions Care Act Assessment.
- Plan together with young person/family across all assessments – including independence planning.

## Year 11

PFA worker will complete as required in year 9 and 10 and:

- Attend **early** EHCP review in accordance with post 16 options.
- Within such review effectives of any independence planning.
- Identify and complete as relevant transitions adult CHC Screening as per Children's Continuing Care guidance.
- Support young person in making decisions at age 16 and or if necessary in compliance with MCA and Best Interests.
- Ensure the focus of all discussions and direct planning with the young person is directed by them based on their wishes in accordance with the key principles of: **where people live; what they do and the support they will need.**
- Support the young person in making key real choice decisions about further education options ensuring this reflective of and includes planning of support outside of this. i.e. practical aspects re transport and travel.
- Advocate as necessary to ensure planning across the board links with a pathway to employment.
- Complete Vocational profile?
- As necessary completed detailed service specification if long term move is required
- Update relevant commissioner

## Year 12, 13 and 14

PFA worker will complete as required in year 9, 10, 11 and:

- Update Transition Assessment and complete full Adults Care & Support Plan.
- Support Plan to be reflective of any changes in post 16 education destinations.
- Ensuring all formal systems of support are in place prior to the young person starting post-16 further education/supported employment options.
- Ensure that on early identification of eligible Care Act needs that any formal support to meet unmet needs are in place ready to start on the young person's 18<sup>th</sup> birthday.
- Ongoing review of adult Care and Support Plan.
- Ongoing attendance at annual EHCP Review to ensure the updated plan is reflective of the above.
- To ensure any decisions made with or for the young person are compliant with the principles of the Mental Capacity Act.
- Identify and complete CHC Screening and completion of Social Work report for MDT CHC mtg at least 6 months before 18<sup>th</sup> birthday.
- Update service specification as necessary.

Young Person and their family at the centre of the journey throughout

The process should be supported by an advocate for the Young Person if appropriate

Published local offer ensures that information to support the process is clear and transparent for YP, parents, all services and voluntary and community sector