

Using the support sequence in transition

Purpose:

To ensure a better, more connected experience which is aspirational, for young people in transition and their families, based on person-centred conversations, and using innovative approaches to support them to live well in communities of choice, achieve their outcomes and ensure high quality support where needed.

Who is this workshop for?

Anybody who is involved in transition planning with young people and their families

Content

Exploring images of possibility beyond traditional options, in order to support young people and families to aspire towards a future that makes sense to them.

Developing transition plans / care and support plans which include rich detail around what a person's assessed need is, what matters to them, what others need to know and do to successfully support the person from their perspective, plus their wellbeing outcomes and what needs to happen for them to stay safe and well.

Using person centred thinking tools to frame conversation and place control in the hands of the young person and their allies, learning what matters to them, How we want their life to be different (and how will we know that has happened – what will you see/ feel - young person/ family/ professionals) what is working and not working in the person's life and from different perspectives too what is getting in the way of a good life, deciding on the priorities for change – the young person's outcomes

The Support Sequence where we explore how we can work together to help achieve those outcomes:

- Independence/ self-care
- Technology
- Aids and Adaptations
- Family/ friends
- Community Assets
- Universal Services
- Eligible for support – assessment, personal budget.

Who will co-ordinate actions and review. Who will be the lead person? Who will be responsible for what? When shall we review progress?

Consider when and how planning may take place from early years – 24 years onwards

We would want to train your team members to really grasp the principles underpinning the conversations we have when designing the support together, and the support sequence in order to ensure that support arrangements are both efficient and effective, and move towards achieving personalised outcomes.